

**The Ascension of Our Lord
Our Lady of Mount Carmel
Sunday May 16, 2021**



One Sacrifice of Christ
Rick Modlin/Robert Feduccia

One sacrifice of Christ,
one throne above the heavens.
Christ has risen as he said,
and will come to wake the dead.
Christ will return to set us free.

One sacrifice of love,
one message for the nations:
Jesus suffered, died and rose,
and ascended to the throne.
Christ will return to save the world.

Penitential Rite

Gloria *(Composed-Through)*

Glory, Glory to God in the highest
Glory, Glory to God in the highest
And on earth, peace to people of good will

We praise you we bless you we adore you we glorify you
we give you thanks for your great glory Lord God,
Heavenly King O God, O Almighty Father

Lord Jesus Christ, only Begotten Son Lord God, Lord
God Lamb of God Son of the Father You take away the
sins of the world, have mercy on us, you take away the
sins of the world receive our prayer You are seated at
the right hand of the Father, have mercy on us

For You alone are the Holy One you alone are the Lord
You alone are the Most High, Jesus Christ
With the Holy Spirit In the glory of God the Father

Glory, Glory to God in the highest
Glory, Glory to God in the highest
And on earth, peace to people of good will
Amen!

I Reading Acts 1:1-11

Responsorial Psalm 47:2-3, 6-7, 8-9
God Mounts His Throne to Shouts of Joy: A Blare of
Trumpets for the Lord

II Reading Ephesians 1:17-23

Gospel Acclamation
Alleluia, Alleluia, Alleluia, Alleluia.

Gospel Mark 16:15-20

Homily

The Apostles' Creed

I believe in God,
the Father Almighty,
Creator of heaven and earth,
and in Jesus Christ, His only Son, our Lord,

At the words that follow up to and including "the Virgin Mary," all bow.

who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried;
He descended into hell;
on the third day He rose again from the dead;
He ascended into heaven,
and is seated at the right hand of God the Father
Almighty;
from there He will come to judge the living and the dead.

I believe in the Holy Spirit,
the Holy Catholic Church,
the communion of Saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting. Amen.

Prayer of the Faithful

We pray to the Lord – **Risen Lord Hear Our Prayer**

Holy, Holy, Holy

Holy, holy, holy Lord God of Hosts
Heaven and earth are full of Your glory
Hosanna in the highest
Blessed is he who comes in the name of the Lord
Hosanna in the highest
Hosanna in the highest

Memorial Acclamation

When we eat this Bread and drink this Cup, we proclaim
your Death, O Lord until you come again, until you come
again.

Great Amen

Amen, amen, amen. Amen, amen, amen

Lamb of God

Lamb of God, You take away the sins of the world
Have mercy on us
Lamb of God, You take away the sins of the world
Have mercy on us
Lamb of God, You take away the sins of the world
Grant us peace.

Worthy Is the Lamb

Ricky Manalo, CSP

Refrain

Worthy is the Lamb that was slain
to receive honor and glory.

Worthy are the ones who believe
to receive the goodness of God.

An Act of Spiritual Communion

My Jesus, I believe that you are present in the most Holy Sacrament. I love You above all things and I desire to receive You in my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there, and unite myself wholly to You. Never permit me to be separated from You.
Amen.

Rise Up with Him

Janet Vogt

People, wait no more.
God has shown you the glory of the Lord!
By the cross we claim our freedom.
Christ has risen to everlasting life!

Refrain

And we'll rise up,
rise up with him, and we'll rise,
rise to new life!

And we'll rise up,
rise up with him, for with Jesus
who leads us
by grace we will rise up with him.

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TODAY'S READINGS

1. Acts of the Apostles 1: 1-11

Luke begins his second work with a review of his Gospel account of what Jesus said and did before returning to his heavenly Father. Especially important here is the instruction Jesus gives the apostles, with the Lord's particular emphasis on what his Father's word has revealed about the Kingdom of God and his own mission to bring that Kingdom to fulfillment. Their task is to witness to the Lord and to carry

on as his faithful servants, in the power of the Holy Spirit.

2. Ephesians 1: 17-23

Paul prays that the heavenly Father give readers the wisdom to appreciate all the gifts granted them in faith. This Jesus, who had walked among them, has been raised from the dead and is now seated at the right hand of the Father – with authority over all creation.

3. Mark 16: 15-20

Mark's account of the Ascension is part of what is called the "longer ending," not part of the original Gospel of Mark and not composed by him, but added later, sometime around the second century. The actual account of the Ascension is described only briefly. Jesus was taken up into heaven and took his seat (of honor and glory) at the right hand of God. Before it, the disciples are commissioned to proclaim the Gospel and after it their faithful obedience to that commissioning, which was successfully accomplished through the Risen Christ working with them and confirming their message.

Reflections for the Week

1. Have you ever felt that Jesus was "commissioning" you for a special work?
2. Paul speaks about "the hope that belongs to his call." Called as a Christian do you live in hope today?
3. Do the words "why are you standing there looking at the sky" challenge you to ask if you are doing enough to spread the kingdom? Why? Why not?

