

4th Sunday in Ordinary Time
Our Lady of Mt. Carmel
January 29, 2023



Love Has Come
Matt Maher

With one voice the angels sing
songs that make creation ring.
Prophets hear and call us to
live in spirit and in truth.

Refrain
Word of God, enthroned,
 dwell in us forevermore.
Love has come to show the way.
Hallelujah, peace be with us.
Love has come to show the way.

Penitential Rite

Gloria *Composed Through*
Glory, Glory to God in the highest
Glory, Glory to God in the highest
And on earth, peace to people of good will

We praise you we bless you we adore you we glorify you
we give you thanks for your great glory Lord God,
Heavenly King O God, O Almighty Father

Lord Jesus Christ, only Begotten Son Lord God, Son of
the Father You take away the sins of the world, have
mercy on us you take away the sins of the world receive
our prayer You are seated at the right hand of the
Father, have mercy on us

For you alone are the Holy One you alone are the Lord
You alone are the Most High, Jesus Christ
With the Holy Spirit In the glory of God the Father
Glory, Glory to God in the highest
Glory, Glory to God in the highest
And on earth, peace to people of good will
Amen!

I Reading Zephaniah 2:3, 12-13

Responsorial Psalm

146:6c-7, 8-9a, 9bc-10
Blessed Are The Poor in Spirit;
the Kingdom of Heaven Is Theirs

II Reading 1 Corinthians 1:26-31

Gospel Acclamation

Alleluia, Alleluia, Alleluia.
Alleluia, Alleluia, Alleluia.

Gospel

Matthew 5:1-12a

Homily

The Apostles Creed

I believe in God,
the Father Almighty,
Creator of heaven and earth,
and in Jesus Christ, His only Son, our Lord,

At the words that follow up to and including "the Virgin Mary," all bow.

**Who was conceived by the Holy Spirit,
born of the Virgin Mary,**

suffered under Pontius Pilate,
was crucified, died and was buried;
He descended into hell;
on the third day He rose again from the dead;
He ascended into heaven,
and is seated at the right hand of God the Father
Almighty;
from there He will come to judge the living and the dead.

I believe in the Holy Spirit,
the Holy Catholic Church,
the communion of Saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting. Amen.

Universal Prayer

We pray to the Lord – **Lord Hear Our Prayer**

The Summons

Will you come and follow me
If I but call your name?
Will you go where you don't know
And never be the same?
Will you let my love be shown,
Will you let my name be known,
Will you let my life be grown
In you and you in me?

Holy

Holy, holy, holy Lord God of Hosts
Heaven and earth are full of Your glory
Hosanna in the highest
Blessed is he who comes in the name of the Lord
Hosanna in the highest
Hosanna in the highest

Memorial Acclamation

When we eat this Bread and drink this Cup, we proclaim your Death, O Lord until you come again, until you come again.

Great Amen

Amen, amen, amen
Amen, amen, amen

Lamb of God

Lamb of God, You take away the sins of the world
Have mercy on us
Lamb of God, You take away the sins of the world
Have mercy on us
Lamb of God, You take away the sins of the world
Grant us peace

Spirit and Grace

**In the bread, blessed, broken and shared.
Christ is our life, whose presence we bear.
Come, O Spirit, make your grace revealed
In this holy meal.**

An Act of Spiritual Communion

My Jesus, I believe that you are present in the most Blessed Sacrament. I love You above all things and I desire to receive You into my soul. Since I cannot now receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there, and unite myself wholly to You. Never permit me to be separated from You. Amen

We Are the Light of the World

Jean Anthony Greif

**We are the light of the world;
May our light shine before all,
That they may see the good that we do,
and give glory to God.**

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Today's Readings

- 1. Zephaniah 2:3; 3: 12-13**
Zephaniah and King Josiah prompted a religious reform in Judah six centuries before the birth of Jesus. At the heart of their reforms, in liturgy and morality, was a growing spirituality of humble acquiescence to God's will. Service to God is grounded in justice and humility. Like sheep grazing peacefully, Israel will find security in being committed to God's truth, justice and will.
- 2. 1 Corinthians 1: 26-31**
Belonging to Christ is an honor and a glory that supersedes human attributes. And every good

gift and grace that the believer possesses is not self-cultivated but is the gift of God in Christ. Paul corrects the pride of some in the community who think otherwise. If anyone is to boast, their boasting should be about the Lord and His goodness to them.

3. Matthew 5: 1-12

When a rabbi wanted to impart a lesson of great importance, he sat down. Matthew indicates the importance of this moment and teaching in the opening lines of today's excerpt. Here is a teaching of great importance. That Matthew places it at the beginning of Jesus' public teachings indicates the elemental nature of the teaching in living Jesus' life. Jesus uses these "blessings" to instill hope in the lives of people who have little to hope for. There will be a future that will be a reversal of their present hopelessness.

Reflections for the Week

1. In what ways do the Beatitudes call me to think in terms of gospel paradoxes – strength in weakness, wisdom in foolishness, etc? Do I see these paradoxes in my life?
2. The Beatitudes represent a lifetime process of transformation. Do I see in myself, and in society, advancement in holiness as much as advancement in technology?
3. Which Beatitude speaks most forcefully to you at this time in your life?

Readings for Today's Mass

