

SACRAMENT OF BAPTISM

Communal Baptisms are held every month on the first Sunday at 1:30pm and on the third Saturday at 11:00am (with some exceptions). Register a month or two in advance for the Baptismal Program.

SACRAMENT OF RECONCILIATION (Confessions)

Saturday 1:00pm-2:00pm
Other times by pre-arranged appt. with a priest. Communal Penance celebrations (with individual confessions) are celebrated in Advent and Lent and will be announced.

RITE OF CHRISTIAN INITIATION OF ADULTS

Those who wish to enter the Catholic faith and Catholics who wish to complete the sacraments of First Eucharist and Confirmation are most welcome to begin the journey at any time. Call the Rectory.

SACRAMENT OF MARRIAGE

Registered parishioners regularly practicing the Faith at our Parish are welcomed to contact the Rectory one year in advance of a proposed wedding date. Specific dates are only discussed after meeting with a Priest. Couples must attend a pre-Cana program and provide required Sacramental and other documentation.

VOCATIONS

Is God calling you to the priesthood or religious life? Speak to one of our priests or call the Archdiocesan Vocations Office at 973.313.6190, Newarkpriest.com

SACRAMENT OF THE SICK

The Sacrament of the *Anointing of the Sick* will be administered at anytime in an emergency and also at parish celebrations during the year. Consult the bulletin for dates. *Communion* is brought to the sick, the elderly and the homebound by priests of the parish and by Eucharistic ministers. The priests also visit the local hospital regularly. If you or a family member is hospitalized, please contact the Rectory to make arrangements.



The Parish Family of

OUR LADY OF MOUNT CARMEL

One Passaic Street, Ridgewood, New Jersey 07450
www.olmcridgewood.com

Our Mission

We the people of Our Lady of Mount Carmel Parish believe in Jesus Christ and embrace his teachings. Inspired by the Holy Spirit, we accept His call to be the Light of the World through Word, Worship, Community Building and Service to all.

COME WORSHIP WITH US

WEEKENDS

Saturday: 5:30pm
Sunday: 8:00am, 9:30am, 11:00am, 12:30pm, 3:00pm (Spanish) and 6:30pm

WEEKDAYS

6:30am, 8:30am and 12:00 noon
Saturdays: 8:30am

HOLY DAYS

Eve: 7:30pm (anticipated)
6:30am, 8:30am, and 12:00 noon

Fourth Sunday in Ordinary Time~ February 1, 2026

PARISH DIRECTORY
www.olmcridgewood.com

Parish Office: 1 Passaic Street, Ridgewood, NJ 07450-4309
Phone: 201.444.2000 Fax: 201.444.2002

Parish Office Hours

Monday-Friday—9AM-8PM | Saturday-Sunday—9AM-2PM

SERVED BY

Rev. Msgr. Ronald J. Rozniak, P.A., Pastor
Ext. 201, ronr@olmcridgewood.com
Rev. Jakov Vidov, Parochial Vicar
Ext. 202, jvidov@olmcridgewood.com
Rev. John Carlos De Sousa, Parochial Vicar
Ext. 203, jcdesousa@olmcridgewood.com
Rev. Mert J. Cordero, Valley Hospital Chaplain
Rev. Stephen Toth, Valley Hospital Chaplain
Valley Pastoral Care Office: 201.447.8150
Deacon Robert V. Thomann
robert_thomann@msn.com
Deacon Nicholas J. DeLucca
ndelucca@olmcridgewood.com
Deacon Bob Liwanag
bob.liwanag@olmcridgewood.com

MINISTRY ASSOCIATES

Peter Denio, Pastoral Associate for Adult Faith Formation
201.739.2674, pdenio@olmcridgewood.com
Sr. Mary Spano, Pastoral Associate for the
Sick, Elderly, Homebound
Ext. 402, mspano@olmcridgewood.com
Peter W. Sicko, Director of Music Ministry
Ext. 207, MtCarmelMusic58@aol.com
Cathy Hunt, Parish Catechetical Leader
201.444.0211, Ext. 401, chunt@olmcridgewood.com
Pat McGarvie, Asst. Parish Catechetical Leader
201.444.0211 Ext. 400, pmcgarvie@olmcridgewood.com
Clare Shrake, Notre Dame Echo Apprentice
201.444.0211 Ext 403, cshrake@olmcridgewood.com
Glen McCall, Director, Parish Youth Ministry
201.444.9302, Ext. 300, gmccall@olmcridgewood.com
Nicholas Fallivene, Director of Junior High Ministry
201.444.9302, Ext. 302, nfallivene@olmcridgewood.com
Ms. Katharine Clemente, Principal,
Academy of Our Lady Parish School,
201.445.0622, kclemente@academyofourlady.org
Tom Strahle, Chair, Parish Council
t.strahle@att.net

SUPPORT STAFF

Peggy Frazza, Parish Secretary Emerita
Ext. 205, pfrazza@olmcridgewood.com
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Jocelin Hernandez, Youth Ministry Administrative Asst.
201.444.9302, Ext. 301, jhernandez@olmcridgewood.com
Maricel de los Reyes, Safe Environment Coordinator
Ext. 403, mdelosreyes@olmcridgewood.com



Dear Friends,

When I decided on Sunday afternoon that it would be unwise to ask the staff to drive to work Monday morning, I began my email to them by using a famous quote from the opening line of Shakespeare's *Richard III*, "Now is the winter of our discontent." Now that I'm not skiing anymore it seems to me a very appropriate sentiment. And yet, as I write this, forecasters are talking about the possibility of another storm on Sunday. As long as everyone stays safe and well, another adage, often attributed to Solomon, comes to mind, "this too will pass." And, don't forget, spring is on the way.

I want to say a word of thanks to all who "braved the elements" to make it to Mass last Sunday. We were taking unofficial bets on how the day would progress. Of course, many came to the Saturday evening Mass. One could even say it is crowded. Sunday was a different story. There were almost 50 at the 8:00, 33 at the 9:30, 32 at the 11:00, 10 at the 12:30, 3 at the 3:00 and 10 at the 6:30. And thanks to Peter and Mary Jo, our music ministers, who stayed through the 11:00 and the lectors and EMs who served as well. Your efforts to get here were greatly appreciated. All of you kept me from getting that "Covid feeling," when we celebrated Mass in and for an empty church.

A quick reminder about the **Annual Appeal**. Even though Pledge Sunday is not until the first full weekend in March, I ask all who have pledged in the past not to wait until then but to make your gift (or pledges) now. You should have received materials in the mail with information about the campaign and the different ways to give. In addition, there's a video with the Regional Bishops on the homepage of our website, as well as a link to make a gift. And within the next two weeks you should be getting a letter from me about the **Appeal** and ways it helps the parish as well as the Archdiocese. It's important to have the campaign wrapped up by June 30th and there's no better way to get that done than to start now. More as we get closer to Pledge Weekend.

Next weekend is Super Bowl Sunday. Though I'm not sure how many people are impelled to watch the game (or the halftime show), unless, of course, you are a Patriot's or Seahawks fan, we'll still continue our usual custom of moving the 6:30pm Mass to 4:30pm. Please mark your calendars now.

As I mentioned getting a heads up on the **Annual Appeal**, a quick reminder that Lent is around the corner as well. Get a heads up on this too by beginning to think how you can better experience this season of repentance and **renewal**. For each of us, individually, and as a community, let's make this Lent a time of spiritual growth and deepening of the experience of Christ in our lives.

Grace and Peace,
Fr. Ron

STEWARDSHIP

“Whoever boasts, should boast in the Lord.” Paul’s words to the Corinthians in today’s 2nd Reading remind us that all is gift from God; nothing is earned. The Christian Steward knows this and offers, in thanksgiving, gifts of **Time, Talent and Treasure**. What do you offer to God in acknowledgement of the goodness you have been shown? Anything?

The parish Stewardship of Treasure last week was \$11,345. God bless your generous giving in building The Lord’s Kingdom among us. Please consider using electronic givg—**WESHARE/VENMO** as the “tool” through which you support the work of the parish and the building of the Kingdom. It helps.



A recurring online gift To Our Lady of Mt. Carmel is the best way to sustain the mission of this parish all year long...



Look for the **WeShare** link on our website homepage, Scan this QR Code, or call 877.316.0260



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Find us under “Charities” @olmcridgewoodnj or scan the QR code here.



OLMC’s Ministry of Motherhood
MOMs MONTHLY MEETING
THIS WEDNESDAY, FEBRUARY 4TH
9:15AM—PARISH CENTER

Guest Speaker: Glen McCall
Director of OLMC’s Youth Ministry

Join us for a presentation by our Director of Parish Youth Ministry, Glen McCall. Glen will help us discern God’s will in our lives as we grow in relationship with Him! We Can’t wait! For more information, go to www.olmcmoms.com or email Alexis Kenny, OLMCmomsridgewoodnj@gmail.com.

MOMS OF ALL AGES WELCOME! BRING A FRIEND!
No RSVP Required! COMPLIMENTARY BABYSITTING!

FREE BOOKS!

Sunday, February 15th
10:30AM-2:00PM
OLMC Parish Center



Looking for something enriching to read this winter?

The library in the Parish Center is being updated to a meeting room with enhanced media capabilities. As a result, we are looking for new homes for the many spiritual books currently in the collection.

Please stop by after Mass to take a look and take home a book! Or, two! Or, three!

Cost: Free (Donations to the Sr. Lucy Fund are welcome.)

All families are invited!



ACADEMY
of
OUR LADY



Catholic Schools Week

OPEN HOUSE

Sunday, Feb. 1st | 11am - 1pm

180 Rodney Street, Glen Rock

Excellence in Catholic education, Pre-K through Grade 8

INSPIRE: YOUNG ADULT MINISTRY
MEETING THIS FRIDAY, FEBRUARY 6TH
PARISH CENTER—7:30PM

Mission Statement

We are a group of Catholic young adults in our 20’s and 30’s seeking to inspire one another in strengthening our Catholic faith and improving our relationships with God, the Church, our family, friends, and others. We achieve this through our commitment to prayer, monthly gatherings, parish and community service, and fun social activities.

New members are always welcome!

FEBRUARY TOPIC: MARRIAGE PANEL

All young adults (21-35) are invited to our Marriage Panel on Friday, February 6, in the Parish Center at Our Lady of Mount Carmel. Come to hear the wisdom and witness of married couples. There will also be a Q & A opportunity so feel free to think of questions you’d like to ask the panelists. Social to follow. Bring a friend!

Questions? Email olmcyoungadults123@gmail.com

FIRST SATURDAY DEVOTION

THIS COMING SATURDAY, FEBRUARY 7TH
IMMEDIATELY FOLLOWING 8:30AM MASS

Daily Mass Chapel

Everyone is invited to First Saturday Devotion for the intention of consoling and making reparation to the Immaculate Heart of Mary. Please come to pray the rosary with us and meditate on the mysteries as Our Lady requested at Fatima.



Weekly Scripture Reflection Thursday Mornings
Parish Center—10:30AM-11:45AM

All are Welcome!

“Ignorance of Scripture is ignorance of Christ.” ...St. Jerome

It is not necessary that you attend every Thursday but, if you plan to attend, please contact Linda English so that materials may be available for you.

Linda—lenglish122@gmail.com or text 201.207.5920

FOURTH SUNDAY IN ORDINARY TIME

Religious Education Grades 1-6



The Summer Religious Education Program is open to all children entering grades 1-6 this coming September.

SUMMER RELIGIOUS EDUCATION PROGRAM DATES/TIME

June 25, 26, 29, 30; July 1 & 2 ~ 9:15AM-1:00PM

SUMMER RELIGIOUS EDUCATION PROGRAM PARENT REGISTRATION MEETING (Select One)

Wednesday, February 25—9:30AM
Monday, March 2—7:30PM

Attendance at one of these two meetings is required if you want to register your child(ren) for the Summer Religious Education Program. There will be no exceptions.

Summer Program registration links will be emailed to interested families after the Parent Registration meetings.

For more information contact Cathy Hunt in the Religious Education office: chunt@olmcredgewood.com, or 201-444-0211.

MARRIAGE ENRICHMENT & MARRIAGE PREPARATION

Thursday Evenings—8PM-9PM
Now through March 26
Retreat Saturday, March 28

Lower Level of the School Building



- ♦ Do you see a need for a more Christ-centered marriage?
- ♦ Are you interested in living out the sacrament of marriage more deeply?
- ♦ Are you preparing to enter marriage? If so, this course fulfills the marriage preparation requirement.

This course is open to all couples—both those who are already married and those who are preparing for marriage.

For more information or to register,
contact Fr. Jakov

jvidov@olmcredgewood.com or 201.444.2000 x202

ATTENTION HIGH SCHOOL STUDENTS

Are you looking for a volunteer opportunity? The Jr. High program is seeking enthusiastic and responsible high school students to serve as teacher assistants for our 7th & 8th grade faith formation classes. Volunteers will assist with classroom activities, lead small group discussions, and foster a welcoming faith-filled environment. This is a wonderful opportunity to earn service hours while growing in your own faith.

Scan this QR code to sign up!



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THE ACADEMY OF OUR LADY
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Enrollment for 2026-2027 School Year is NOW OPEN!

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Morning & aftercare programs available!
Visit www.academyofourlady.org for more information.
Call 201.445.0622 to arrange a tour!

COPING WITH GRIEF SUPPORT GROUP SPRING SESSIONS ANNOUNCED

It is in taking the time to grieve that we are healed.

This eight week program is offered by The Church of the Presentation's (Upper Saddle River) Bereavement Ministry and is open to anyone who has recently experienced the loss of a loved one. Trained, compassionate facilitators lead this program in a safe, confidential environment.

Loss of Spouse Support Group Mondays—Beginning March 16, 2026

Morning Group: 10:00AM-11:30AM

Evening Group: 7:30PM-9:00PM

Loss of a Loved One Support Group Wednesdays—Beginning March 18, 2026 7:30PM-9:00PM

Registration is required. There is no fee.

For more information, to register, and for one-on-one support until the group begins, call 201.327.1313.

Note: To protect confidentiality and honor the sensitive nature of grief-related discussions, we are unable to accept new participants after the group has begun.

PLEASE PRAY FOR OUR PARISHIONERS SERVING IN THE MILITARY:

Anthony Bollhofer, Aedan Cannon, Nick Haddad,
Durkin McCarthy, John Morano, James Nardelli,
Michael Ortolani, Robert Smith, Thomas Tesoriero



**PERPETUAL EUCHARISTIC ADORATION
(PEA)**

**CHAPEL IS OPEN 24/7
EVERYONE IS WELCOME!**

To be poor in spirit is not to lack money, but to lack pride. It is to know that everything we have comes from God and returns to God. In Perpetual Eucharistic Adoration, we learn this poverty by kneeling before Jesus and trusting Him with our whole life, believing in His love, mercy and divine providence.

Stop by the chapel at anytime. The chapel is open 24 hours a day, 7 days a week. Better yet, sign up for one holy hour once a week, every week, to glorify God and to help keep the door open to anyone seeking God, seeking peace.

Come spend an hour with Jesus. The chapel is open 24/7.

SCHEDULED ADORERS NEEDED

Sundays: 2-3AM; Wednesdays: 2-3AM;
Fridays: 4-5AM, 2-3PM; Saturdays: 5-6PM

For more information

Contact Cynthia—551.574.1063, cynthiabtorres@yahoo.com

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A Monthly Speaker Series
on Dementia, Connection & Community



Held the 1st Wednesday of each month.*

THIS MONTH—WEDNESDAY, FEBRUARY 4TH

Abundant Life Reformed Church
475 Lafayette Avenue, Wyckoff

5:30PM—7:00PM (Light Supper 5:30PM-6:00PM)

Free to Attend | All are Welcome! | Please RSVP for Food

**RSVP: dementiasupport@abundantlifewyckoff.org
201.444.8038**

FEBRUARY TOPIC

**WHY SOME DAYS FEEL HARDER THAN OTHERS:
UNDERSTANDING FLUCTUATIONS IN DEMENTIA**

*Note change of date to the FIRST Wednesday of the month.

THE COMMUNITY THRIFT SHOP

85 Godwin Avenue (lower level, rear) Midland Park,

Donation Drop Off Hours: Mondays 8:30AM-10:30AM.

Shopping Hours (Cash Only)

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**Request the sale of your donations benefit
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Furniture; Bric-a-Brac; Books; Working Electronics

THE WEEK AHEAD

Sun. Feb. 1	1:30PM OCIA (MR) 1:30PM Bell Choir Practice (PCB) 4:00PM Spanish Apostolate (PC) 5:00PM Jr. High 7C (MR) 7:30PM Jr. High 7D (MR) 7:30PM Costello/Hogan Conf. Group (YCB) 7:30PM Harrington/Rollauer Conf. Grp. (YCA) 7:30PM Scali/Winnert Conf. Group (REC1)
Mon. Feb. 2	1:00PM Staff Meeting (MR) 4:00PM WCST Circle of Prayer Prep (Library) 5:30PM CYO Basketball (Gym) 7:00PM SCC Core Team Meeting (Library) 7:30PM Men's Cornerstone (MR) 7:30PM Contemporary Choir (Church) 7:30PM Journey Parent Prayer Serv. (Chapel)
Tues. Feb. 3	3:45PM Jr. High 7A (PC) 4:00PM Religious Ed Grades 1-6 (Gym) 5:00PM Choir Rehearsal (Church) 5:30PM CYO Basketball (GYM) 5:45PM Shrake Religious Ed. (REC1) 7:00PM ChristLife: Discovering Christ (PC) 7:30PM Finance Council (REC1) 8:00PM Neocatechumenal Way (NCW)
Wed. Feb. 4	9:15AM MOMs Monthly Meeting (PC) 3:45PM Jr. High 7B (PC) 5:30PM CYO Basketball (Gym) 8:00PM Neocatechumenal Way (NCW)
Thurs. Feb. 5	9:00AM MOMs SALT 1 (MR) 10:30AM Sunday Liturgy Scripture Study (SMR) 5:30PM CYO Basketball (Gym) 7:15PM WCST Team 25 (MR) 7:30PM Knights Social (K of C Hall) 8:00PM Marriage Enrichment/Prep (NCW)
Fri. Feb. 6	9:00AM MOMs SALT (MR) 5:30PM CYO Basketball (Gym) 7:30PM Inspire Young Adult Ministry (MR)
Sat. Feb. 7	9:00AM CYO Basketball (Gym) 9:00AM Men's Basketball (Gym) 6:30PM Neocatechumenal Way (NCW)

PLEASE PRAY FOR THE ILL MEMBERS OF OUR PARISH

Dale Adamo, Luis Badillo, Frederick Bruno, Mike Bucci, Charles Buckley, Kimberly Parsons Daub, Nick DiDonato, Maura Gillen Eidschun, Marie Evans, Kay & Bill Forster, Julianna Grace Giles, Frank Gillen, Susan Hart-White, Joseph Hyon, Marc Johnson, Tom Keleher, Claudia LaFrance, Susan Lois, Campbell McArthur, Christine O'Brien, David Oswald, Margaret Peak, Mary Kathleen Ramge, Linda Reo, Cathy Ricciuto, Art Rippas, Francis Tedaro Ristor, Michael Runz, Nancy Steen, Larry Switaj, Nickolas John Tedaro, Carmen Vega-Torres, Christina Volpe, Rochelle West, Rosemary Wright, Walter John Zelop, Jr.

Parishioners may call the Rectory with the name of a family member who is sick to have them included in our prayers.

THIRD SUNDAY IN ORDINARY TIME



TODAY'S READINGS

1. Zephaniah 2:3; 3:12-13

Zephaniah and King Josiah prompted a religious reform in Judah six centuries before the birth of Jesus. At the heart of their reforms, in liturgy and morality, was a growing spirituality of humble acquiescence to God's will. Service to God is grounded in justice and humility. Like sheep grazing peacefully, Israel will find security in being committed to God's truth, justice and will.

2. 1 Corinthians 1:26-31

Belonging to Christ is an honor and a glory that supersedes human attributes. And every good gift and grace that the believer possesses is not self-cultivated but is the gift of God in Christ. Paul corrects the pride of some in the community who think otherwise. If anyone is to boast, their boasting should be about the Lord and His goodness to them.

3. Matthew 5:1-12

When a rabbi wanted to impart a lesson of great importance, he sat down. Matthew indicates the importance of this moment and teaching in the opening lines of today's excerpt. Here is a teaching of great importance. That Matthew places it at the beginning of Jesus' public teachings indicates the elemental nature of the teaching in living Jesus' life. Jesus uses these "blessings" to instill hope in the lives of people who have little to hope for. There will be a future that will be a reversal of their present hopelessness.

REFLECTIONS FOR THE WEEK

1. In what ways do the Beatitudes call you to think in terms of gospel paradoxes—strength in weakness, wisdom in foolishness, etc? Do you see these paradoxes in your life?
2. The Beatitudes represent a lifelong process of transformation. Do you see in yourself, and in society, advancement in holiness as much as advancement in technology?
3. Which Beatitude speaks most forcefully to you at this time in your life?

NEXT WEEK'S PRESIDERS

Sat. 2/7	5:30PM	Fr. Jakov
Sun. 2/8	8:00AM	Fr. Ron
	9:30AM	Fr. Ron
	11:00AM	Fr. John Carlos
	12:30PM	Fr. Jakov
	3:00PM	Fr. John Carlos
	4:30PM	Fr. Jakov

Late changes appear on the website
after 12NN the Saturday of that weekend.

**Note: Time of the last Mass
next Sunday, Feb. 8, is 4:30PM.**

Monday, Feb. 2 *The Presentation of the Lord*

+ **6:30AM** **Herbert Engel, Jr.**

req The Engel Family

8:30AM **Special Intention of the
Uber Children & Grandchildren**

req Steven & Yvonne Uber

+**12:00NN** **Maria Morin**

req Nick & Mary Morin

Tuesday, Feb. 3 *Saint Blaise, Bishop and Martyr*

+ **6:30AM** **James & Ruth Little**

req Bob & Marge Reilly

+ **8:30AM** **Paul Joseph Alfier
& Jodi Michelle Whitley**

req Mitch & Judy Santlofer

+**12:00NN** **Matt Miller**

req Rosemary Miller

Wednesday, Feb. 4

+ **6:30AM** **Lou Marino**

req Kyle & Al Barrera

+ **8:30AM** **Mike Vrkic**

req Donna & John Tarabokija & Family

+**12:00NN** **Rose & Michael Hafesh**

req Jean & John Boyle

Thursday, Feb. 5 *Saint Agatha, Virgin & Martyr*

+ **6:30AM** **Harry Henky**

req Denise Diaz Nick

+ **8:30AM** **Patricia Neary**

req OLMC Finance Council

+**12:00NN** **Joseph Capobianco**

req Paula Nicklous

Friday, Feb. 6 *Saint Paul Miki and Companions, Martyrs*

+ **6:30AM** **Gerry & Katie Shea**

req William & Madeline Hurley

8:30AM **Special Intention
of Ava Maria Mazzola**

req Mitch & Judy Santlofer

+**12:00NN** **Rosemary Hanson**

req Pat & Erin Taddei

Saturday, Feb. 7

+ **8:30AM** **Margaret Dunworth**

req Her Family

+ **5:30PM** **Zenaida Acero**

req Josephine & Joel Fernandez

Sunday, Feb. 8 *Fifth Sunday in Ordinary Time*

+ **8:00AM** **Angela Crova**

req Maureen Ivers Bolduc

+ **9:30AM** **Harry Henky**

req Wayne Diaz

+**11:00AM** **Jamie Cardona**

req Maria Cardona

+**12:30PM** **Ophelia Farnsworth**

req Priscilla Farnsworth

3:00PM **Special Intention**

of Dennis Trofimchuck & Sara Gozman

req Maria Ospina

4:30PM **For the People of the Parish**

Note: Last Mass next Sunday, Feb. 8, is at 4:30PM



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